Our commitment to you.....

Our "Food For Life Served Here" menu means we serve *Fresh, local, honest food*.

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible…our meat comes from *Quality Cuts of Sandbach, Littler's of Sandiway and Barrows of Bollington*

We use free *range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

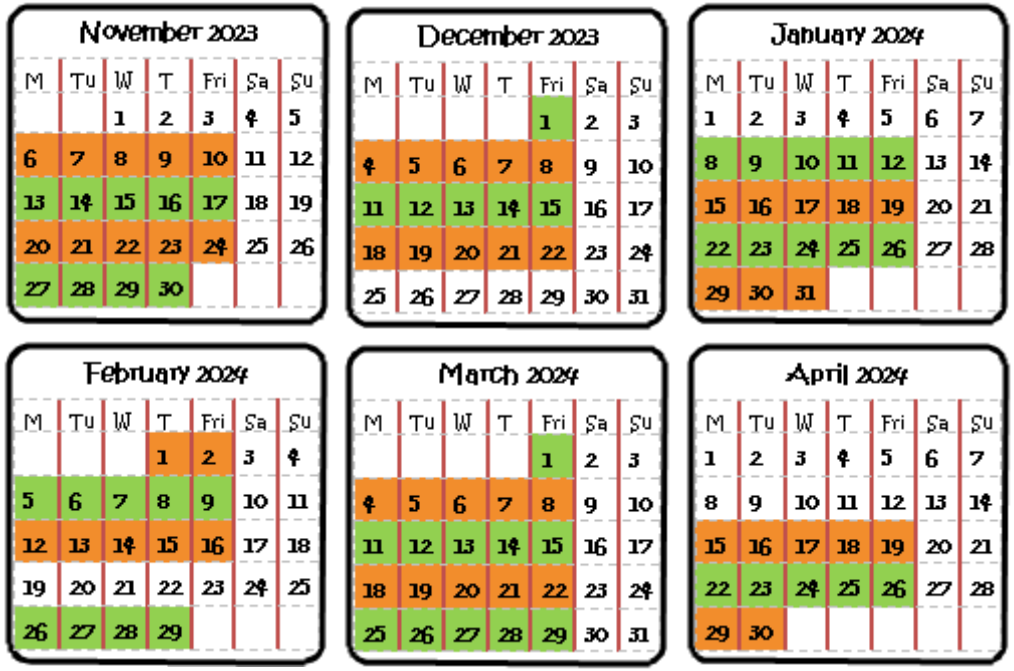
We can and will cater for all *special dietary requirements*

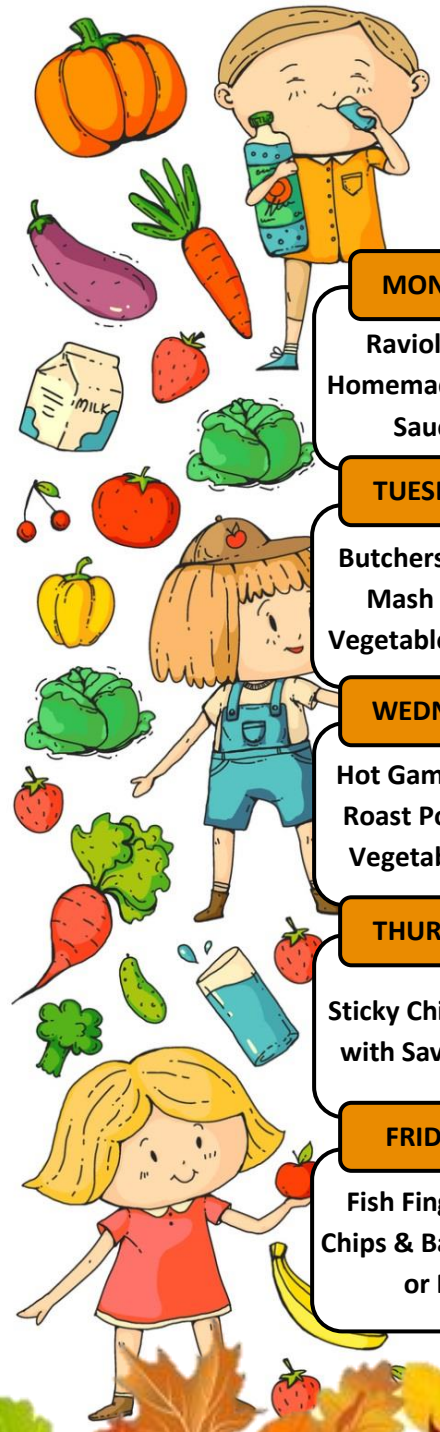
Fresh Catering

FRESH CATERING WITH THE RIGHT INGREDIENTS

Autumn/ Winter 2023-24

At: Nether Alderley Primary





Autumn/ Winter Menu 2023-24

Week 1

MONDAY	Ravioli with a Homemade Tomato Sauce (v)	Jacket Potato with a Choice of Filling/s (v)	Tuna Sandwich	Lemon Bites, Yogurt or Fresh Fruit Platter
TUESDAY	Butchers Sausage, Mash Potato, Vegetables & Gravy	Veggie Sausage, Mash Potato, Veg & Gravy (v)	Ham Sandwich	Steamed Pear, Peach & Sultana Sponge with Custard or Fruit
WEDNESDAY	Hot Gammon Bap, Roast Potatoes & Vegetable Sticks	Cheesy Pasta (v)	Cheese Sandwich	Chocolate Crunch Finger with Fruit Chunk or Fresh Fruit
THURSDAY	Sticky Chicken Fillet with Savoury Rice	Jacket Potato with a Choice of Filling/s (v)	Tuna Sandwich	Fruit Crumble & Custard or Fresh Fruit Platter
FRIDAY	Fish Fingers with Chips & Baked Beans or Peas	Vegetarian Sausage Roll with Chips & Peas or Beans (v)	Cheese Sandwich	Banana & Chocolate Muffin or Fresh Fruit Platter

Week 2

MONDAY	Homemade Cheese & Tomato Pizza with Pasta & Rice Salad	Pasta Italienne (v)	Tuna Sandwich	Shortbread Finger with Fruit Chunk, Yogurt or Fresh Fruit
TUESDAY	Spaghetti Bolognese with Garlic Bread	Jacket Potato with a Choice of Filling/s (v)	Ham Sandwich	Berry Buns or Fresh Fruit Platter
WEDNESDAY	Roast Pork, Stuffing, Roast & Mash Potato, Veg & Gravy	Quorn Fillet, Stuffing, Potatoes, Veg & Gravy (v)	Cheese Sandwich	Oat & Sultana Cookie or Fresh Fruit Platter
THURSDAY	Chicken Korma with Rice & Cous Cous	Jacket Potato with a Choice of Filling/s (v)	Tuna Sandwich	Apple & Banana Cake or Fresh Fruit Platter
FRIDAY	Fish Portion with Chips & Baked Beans or Peas	Mexican Style Burrito with Chips (v)	Cheese Sandwich	Chocolate Surprise Sponge & Chocolate Sauce or Fresh Fruit